

ROMANS

Grounded in Hope

Romans 8:18-28

- 1) Hope starts with a decision.
- 2) Hope struggles in anticipation.
- 3) Hope accepts God's help in suffering.

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My Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

- 1) Do you ever feel that life should go well for you because you are living for God? See John 16:33 and 2 Corinthians 12:7-10.
- 2) How has the physical world (creation) been affected by sin? See Genesis 3:17-19. When will the natural world be returned to its rightful state? See Revelation 21:4, 22:3.
- 3) How is childbirth a picture of the human condition? How is it a picture of hope? See Romans 8:22.
- 4) What is the Holy Spirit doing to help us? See Romans 8:26-28. Describe a time when you were able to see God work in a bad situation to accomplish good for you and others.

Memory Verse

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.

Romans 8:26 NIV