

# jesus is better.

A S T U D Y O F H E B R E W S

**Jesus Is the Better Focus**

**Hebrews 12**

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When Jesus is our focus, it changes our...

...view of hardship.

...value of holiness.

...vision for the future.

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# My Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1) How do the examples of Hebrews 11 relate to the “witnesses” of Hebrews 12? Are the spectators for us? Do you view your Christian life as running a marathon? If you do, what would you change about the way you’re running?

2) What does it mean to “scorn the shame”? Give some examples of what “scorning the shame” would look like in your life.

3) How is the pain of discipline a positive thing? (See Proverbs 3:11-12) How have you seen that in your life? How does James 1:2-4 shape how we see hardships in life?

4) Study and compare the Old Covenant and the New Covenant given in Hebrews 12:18-24. Coupled with the fact that the kingdom is promised in verse 28, what should be our lifelong response to any suffering we face in this life?

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## Memory Verse

*“And without faith it is impossible to please God, because anyone who comes to God must believe that he exists and that he rewards those who earnestly seek him.”*

Hebrews 11:6