

Jesus Is the Better Future

Hebrews 4:1-16

We must see God's rest.

- Is there a "rest" available for us?
- What is this "rest"?

General: Rest is enjoying the blessing (or blessed state) achieved by accomplishing our God-given work.

For Us: Rest is receiving our full rewards in the kingdom for living out our God-given calling.

We must seize God's rest.

God's Word: Our judge and exponent

Jesus Christ: Our sympathizer and helper

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My Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

- 1) Look at the concept of "rest" at the end of creation. See Genesis 1:1-2:4. Why did God "rest"? Was he tired? Compare this with the writer of Hebrews statement in 4:9-10. How do we enter our "rest"?
- 2) How often do you think about the future kingdom of God and your part in it? Do you evaluate your actions and your lifestyle in light of how it will affect your future rewards? What changes do you need to make in use of time, money, priorities, etc?
- 3) The Bible cuts through all the excuses and misapplication of living to the very heart of truth and motives. See Hebrews 4:12. In what way is this a warning to believers? In what way is this a blessing? How do you treat the Bible in your life? What is your practice of reading and applying the Word?
- 4) How often do you pray to God for help? See Hebrews 4:14-16. Do you come to God with confidence (boldness)? Why or why not? What do you need from Jesus right now?

Memory Verse

"Because He himself suffered when He was tempted, He is able to help those who are being tempted." – Hebrews 2:18