

WAITING FOR SOMEDAY

Relationships

Ephesians 4:25-32

- 1) Build trust with truth.
- 2) Resolve conflict daily.
- 3) Make a contribution.
- 4) Use the breath mints of helpful words.
- 5) Learn to live from the heart.

My Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. What is the connection between trust and telling the truth? What motivates you to be less than truthful in your relationships?
2. "In your anger do not sin," implies that anger itself is not a sin. If that is true, why is holding on to anger wrong?
3. What positive things do you contribute in your relationships? When you are kind, do you expect something in return?
4. The opposite of unwholesome talk is that which benefits and builds people up. In what way has your talk been unwholesome in the past week?
5. What can you do in the next month to follow God's example, loving the people in your life from the heart?



Memory Verse

*"Why, you do not even know what will happen tomorrow. What is your life?
You are a mist that appears for a little while and then vanishes."*

- James 4:14