

MODERN FAMILY

Women

1 Samuel 25

Abigail: A woman of true feminine beauty

Mature femininity embraces God's design for relationships

Mature femininity has a freeing disposition to help

Mature femininity offers the help of affirmation

Mature femininity utilizes the help of nurturing insights

My Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

- 1) Read Proverbs 10:20-21 & 31-32. What do these passages tell us about the words we use? Are our words encouraging or hurtful? Are we affirming or tearing down?
- 2) Contrast Sarah in Genesis 15 with Abigail in 1 Samuel 25. Was Sarah a help to Abraham? What lessons learned from Abigail can be applied to Sarah?
- 3) Read Genesis 2:18-25. What does this passage tell us about God's design for relationships? What was Adam lacking? How does Eve fill the void?
- 4) Read Psalm 144:12. Make some basic observations about a pillar or a column. Why would David use these words to describe women? Women, are you a pillar that helps, encourages and supports?

Memory Verse

"Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewelry and fine clothes. Instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight."