

# JESUS

— THE ONE —

## Living in the Moment

Matthew 14:13-33

Life is Good. How do you remember it?

Two kinds of time: Chronos & Kairos

The Kairos of Matthew 14:13-33

- A moment of discernment - *v. 13*
- A moment of adjustment - *vv. 13a -14*
- A moment of provision - *vv. 15-21*
- A moment of restoration - *vv. 22-23*
- A moment of revelation - *vv. 24-33*

Application:

- Apply God's wisdom
- Expect the "moments"
- Recognize the battle
- Obey the Spirit

Download "Living in the Moment" by Daniel Henderson (6th in *Jesus: The One series*, 03/06/2011) free, or share it via email, Facebook or Twitter at [hbc.com/media](http://hbc.com/media). You may also purchase a CD at the Resource Center in the East Lobby.

# REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

- 1) As you reflect on the past month of your life, what “kairos” moments did you capture? What was the situation? What prompted you to respond as you did? What positive result occurred?
- 2) As you anticipate this next week, what will you do to be more aware of moments of eternal significance in the course of your day?
- 3) How might you find special time this week for spiritual restoration? Where will you go to find it? What tools will you use?
- 4) Make it a point, as often as you think of it, to consciously yield to the Holy Spirit and anticipate His leadership in guiding you to discover “kairos” moments for ministry to others. Write down how your daily activities change.



**Memory Verse**  
**Matthew 14:14**

“When Jesus landed and saw a large crowd, he had compassion on them and healed their sick.”