



REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

***A Life of Gratitude 1 Thess. 5:16-18**

Key Idea:

God has given us the gift of gratitude to enrich our lives and enhance our relationships.

A life of gratitude is God's will for you!

Joyful in every circumstance

Prayerful in every moment

Thankful in every situation

A life of gratitude is a cultivated life.

- 1) Repent – of the sin of entitlement.**
- 2) Pause – Gratitude grows in the pause.**
- 3) Capture – Built-in reminders.**
- 4) Model – Pass on to the next generation.**

**5th message in the The Lost Virtue series, by Pastor Tim Hawks.
CDs of this message (11/29/09) may be purchased at the
Resource Center or listened to online at www.hcbc.com.*

- 1) The Bible tells us to be joyful and thankful in all circumstances and yet that seems so contrary to normal life. What insight do we gain from the following verses? James 1:2-4, Romans 8:28, Phil. 4:6-7, Gal 5:22-23.
- 2) What are the distractions in your life that keep you from constant prayer? List them and give some suggestions for how to overcome them.
- 3) What are some of the built-in reminders of our need to express gratitude that we encounter? Try to come up with as many as you can. (e.g. holidays, memorials, worship services, etc.)
- 4) How are you passing on a life of gratitude to the next generation? Who is learning gratitude from watching your life?



Memory Verse:

***Be joyful always; pray continually; give thanks in all circumstances, for this is God's will for you in Christ Jesus.
1 Thessalonians 5:16-18***