



REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

***Finding the Lost Virtue Romans 1:18-25**

The lost virtue is: Gratitude

Defined: Appreciation of Benefits Received.

- Grateful: Person to Person
- Thankful: Person to God

What Gratitude is not.

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| 1. Happiness | 3. A Guilt Trip |
| 2. Conditional | 4. A Mind Game |

Where did we lose it? Romans:1:18-25

Failure to give glory.

Failure to give thanks.

What do we really lose?

1. Our sense of wonder.
2. Our sense of value.
3. Our sense of rest.
4. Our sensitivity of heart.

*1st message in The Lost Virtue series, by Pastor Tim Hawks.
CDs of this message (11/1/09) may be purchased at the Resource Center or listened to online at www.hcbc.com.

1. How would you define gratitude? Would you say that gratitude is a virtue you possess? How is it seen in your daily life? Would others say they see this virtue in you and why would they say that?
2. Study Romans 1:18-25. What happens to us when we trivialize God and His good gifts to us? How does that attitude erode our sense of well being?
3. Of the four senses that we lose by being ungrateful, which comes as the biggest loss to you and why?

Weekly Challenge:

Today make a list of all the things you thanked God for this week. Then, make a list of all the things that you complained about. Which list reflects what you spent most of your time this week thinking about or saying? Every day this week, write down what you thank God for and what you complain about (be honest with yourself!). Compare at the end of the week to see if the balance is shifting toward thanks.

Memory Verse:

For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened.

Romans 1:21