Additional Notes

Recommended reading:

Think Before You Look! 40 Powerful Reasons to Avoid Pornography By: Daniel Henderson

Every Man's Battle: Winning the War on Sexual Temptation One Victory at a Time (The Every Man Series), by Stephen Arterburn

Every Woman's Battle: Discovering God's Plan for Sexual and Emotional Fulfillment, by Shannon Ethridge

Margin: Restoring Emotional, Physical, Financial, and Time Reserves to Overloaded Lives, by Richard A. Swenson, M.D.

Making Room for Life: Trading Chaotic Lifestyles for Connected Relationships by Randy Frazee



* One False Move

(Selected Scriptures)

Definition of Margin: The space between my current activity and my limits.

EVERYONE HAS MORAL LIMITS:

- <u>Self-imposed</u>
- Biblical
- <u>Legal</u>

MORAL MARGIN MYTHS:

Myth #1: "The grass is greener on the other side."

Myth #2: "It's not that big of a deal. "

Myth #3: "I can handle this."

CREATING MORAL MARGINS:

- 1. Perceive the severity of sin.
- 2. Protect your mind and heart.
- 3. <u>Purge</u> the source of temptation.
- 4. Pre-Determine your limits.
- 5. <u>Pursue</u> the promises of God.



Set aside time during your week (add some margin!) to reflect on the following questions. This can be done individually, with your family, or in a small group.

- 1. What circumstances are you in? (Married, single, etc.)
- 2. What are the sexual temptations you face?
- 3. What is your action plan to deal with these temptations? What margins have you or do you need to establish?
- 4. What are the potential consequences if you have no moral margins (be specific)?
- 5. Share your action plan with someone who will support and encourage you in this area.
 - *3rd message in the Margins series, by Pastor Denny Henderson. CDs of this message (08/02/09) may be purchased at the Media Center or listened to online at www.hcbc.com.

Scripture for the Week

During the week, read and meditate on these verses of Scripture. Ask God to help you embrace and apply these truths to your life.

"When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; but each one is tempted when, by his own evil desire, he is dragged away and enticed." James 1:13-14

"Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death." James 1:15

"Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body." 1 Corinthians 6:18-20

"No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it."

1 Corinthians 10:13

Memory Verse

"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." Romans 12:1-2