



Selected Scriptures

Encouragement Defined:

Encouragement Demonstrated:

Words that _____.

Actions that _____.

Encouragement Applied:

Genuine encouragement is usually_____.
(Heb. 10:25)

Consistent encouragement is not _____.
(1 Thes. 5:11)

*6th in "A Simple Act" series. This message by Tim Hawks, 8/14/05.
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REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

1. What was the most discouraging time in your life? Did anyone encourage you? What seemed to help most?
2. Do you believe that discouragement is a normal part of the human experience or a weakness? See Gal. 6:3,9,10
3. What kinds of things are most encouraging to you – words, actions? How can you become more proactive in seeking encouragement when you need it?
4. Who are the people in your life that you need to be encouraging on an ongoing basis? Make a plan to get started.



Memory Verse:

Therefore encourage one another and build each other up, just as in fact you are doing.

1 Thes. 5:11