



Thankfulness Defined:

Thankfulness Demonstrated:

Thankfulness ______ of need.

Thankfulness turns us from a ______ to an

Thankfulness is ______.

Thankfulness Applied:

1. Thankfulness is a ______.

2. Thankfulness is a ______.

*2nd in a series of messages by Tim Hawks - (07/10/05). CD's and tapes of this message are available in the Media Center and on our website at www.hcbc.com.

REALife Application

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or REALife Group.

- 1. Would you consider yourself a thankful person? Why or why not? What are some common ways you express thanks?
- 2. Why is it dangerous for us to become overly preoccupied with ourselves? What are some of the problems that stem from this? See Rom. 1:19-23.
- 3. Why does God include thankfulness along with prayer as a prescription for sanity? See Phil 4:6-8
- 4. Think of some people that you should encourage with a simple act of thankfulness. What can you do this week to express your gratitude to them?

Memory Verse:

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.